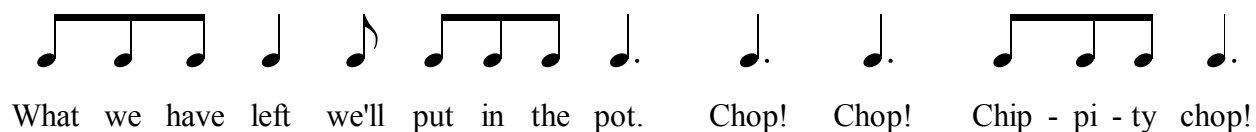
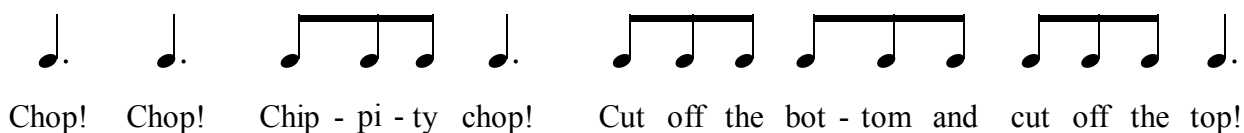


Chop! Chop! Chippity Chop!



Motions:

Extend left arm forward with elbow bent, palm up.
Rest right hand (in a karate chop position) on left palm

Chop! Chop! Chippity chop! (make chopping motion on palm)

Cut off the bottom (make chopping motion near elbow)

Cut off the top (make chopping motion on palm)

What we have left (place hands on floor on either side of the body, palms facing up)

We'll put in the pot (rotate arms - as if making an overhead throwing motion -towards front of body and touch floor, palms down).

Chop! Chop! Chippity chop! (return hands to starting position and make chopping motion on left palm.)